

## Max Prieto B.A./MSc. (Jg. 1989)

B.A Psychology - University of Minnesota  
MSc. Outdoor Education, University of Edinburgh  
TD2 Mountain Guide, Centro de Estudios Deportivos Cántabro  
Wilderness First Responder, NOLS



### Profile

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Max graduated from the University of Minnesota in 2015 with a degree in psychology. In 2020, he completed a Masters in Outdoor Education at the University of Edinburgh in Scotland. Max has been a certified Wilderness First Responder since 2014 and is also a qualified Mountain Guide (UIMLA). Over the past 10 years, he has gained extensive experience in facilitating therapeutic, personal, and social development experiences through outdoor journeys in various countries, adapting his approach to different cultural contexts. After spending several years abroad, Max returned to Europe and continued his passion for facilitating and developing outdoor therapy programmes and training in Spain.

Currently, he is one of the country representatives for Spain in ATE (Adventure Therapy Europe Network). Max is passionate about his work in the field, continuously exploring new theories and critical perspectives to provide better support to those he adventures with.

### professional experiences

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#### **Founder & Facilitator**

*Vía Silvestre*

- Develop and facilitate outdoor therapeutic experiences for adolescents

*Madrid, Spain*

*01.2023 - Currently*

#### **Facilitator, Trainer and Programme Developer**

*Madrid Outdoor Education*

- Facilitate and develop Outdoor & Experiential Learning trainings for professionals
- Facilitate and develop Outdoor expeditions with an educational and personal development focus

*Madrid, Spain*

*01.2021-Currently*

#### **Co-founder & Facilitator**

*Hilvanando*

- Facilitate personal development programme for working professionals through a weeklong experience on the Camino de Santiago
- Facilitate 5 months of weekly group sessions with a Positive Psychology approach

*Madrid & Galicia Spain*

*01.2021-Currently*

**Short Course Facilitator & Tutor**

*Action x Change - United World Colleges (UWC)*

Toledo, Spain  
07.2021 - 12.2023

- Facilitate programmes for international youth to pioneer their social projects while acquiring, exercising and furthering transversal skills
- Support students emotionally through the process

**Facilitator**

*Project "From Outdoors to the Labour Market" (FOLM)*

Potes, Spain  
05.2021 - 02.2022

- Facilitate Outdoor expeditions with personal development focus
- Implementation of Outdoor Learning methodology through group and 1-to-1 sessions with the goal of helping participants re-enter the job market, education or training

**Programme Coordinator, Facilitator & Trainer**

*Asociación Experientia*

Galicia & Barcelona, Spain  
05.2018 - 09.2022

- Development, facilitation and coordination of various adventure therapy programmes
- Development and implementation of adventure therapy and wilderness therapy trainings for professionals

**Wilderness Therapy Guide**

*True North Wilderness Programme*

Waitsfield, VT, USA  
05.2017 - 12.2017

- Served as lead guide for at-risk 14-25 year old adolescents and young adults in a wilderness setting
- Worked alongside trained therapists in order to create and implement personalized therapy
- Taught primitive wilderness skills in order to build self-confidence and motivation

**Youth Development Outdoor Specialist**

*Northwest Passage*

Webster, WI, USA  
10.2016 - 05.2017

- Developed, coordinated, and executed programming initiatives with adolescents 12-17 years old
- Worked as part of a treatment team in delivering service to high risk clients

**Emergency Response Team Member**

*AmeriCorps St Louis Emergency Response Team*

St Louis, MO, USA  
09.2015 - 09.2016

- Collaborated in various conservation projects including Rx Burns and trail building
- Served in indirect attack and other operations during Anderson Creek wildfire
- Managed trail crew in tree felling, trail maintenance and trail clearing

Medicine Lodge, KS, USA  
Ennis & Butte, MT, USA

## **Wilderness Guide**

*Camp Birchwood*

- Organized and led trips in the Boundary Waters Wilderness Canoe Area with children ages 7-17
- Taught canoeing, Leave No Trace, fire building, navigation and other wilderness skills

*Grand Marais, MN*

*06.2015 - 08.2015*

## **Psychology Undergraduate Advisor Assistant**

*University of Minnesota Department of Psychology Undergrad advising*

- Advised students on psychology programmes, courses and other university-related topics
- Coordinated student queries, scheduled appointments, and other admin work

*Minneapolis, MN, USA*

*08.2014 - 05.2015*

## **Assessment Technician/Bilingual Assessment Technician**

*University of Minnesota Department of Psychiatry*

- Translated questionnaires and consent forms from English to Spanish
- Explained study procedures, interviewed subjects and recorded answers

*Minneapolis, MN, USA*

*10.2013 - 05.2015*

## **Counselor and Instructor at Lake Owen Camp**

- Responsible for 8-10 campers ages 10-18
- Coached skateboarding classes to 15-20 campers ages 10-18

*Cable, WI, USA*

*6-9.2007, 2008 and 2009*

## **volunteer experiences**

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### ***For a Child's Smile (FCS) Cambodia***

*Recruiter and Fundraiser*

- Organized solo bicycle ride from Minneapolis to Seattle, fundraising over \$9,000

*Minneapolis, MN, USA*

*11.2013 – 05.2015*

*Programme Coordinator*

- Regulated activities of Cambodian counselors and their students

*Phnom-Penh, Cambodia*

*06.2013 and 08.2013*

## **certifications**

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NOLS Wilderness Medicine Institute

**Wilderness First Responder and CPR, AED & Airway Management**

BCN Languages

**TEFL Teaching English as a Foreign Language certificate**

**LANGUAGES: Native Spanish and English speaker. Conversational in French and Portuguese**